


# **ETTU DEVELOPMENT WEBINAR - 4**

***12th April 2021***

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- \* 2021 has started with a great organization for European Table Tennis Union, with a record-breaking online event; «ETTU Development Webinar 2021»
  - \* Now, ETTU will continue this record-breaking Webinar series with another work in April, with the topic «**Fit Work Table Tennis**» *by Ms. Nevena Marinova Kostova.*

# \* PARTICIPANTS



This Webinar will be open to all ETTU National Team level coaches & National Team level players.

Each National Association can send as much entries as they wish. In case that the entries exceed the total limit, the participant quota for each NA will be 3 male & 3 female coaches and 3 male & 3 female players. In case of extra entries, these names will be put into the «Waiting List».

If the entry limit is exceeded before the deadline, there won't be any other accepted entries.



# SESSION DETAILS



\*The session will take place on Zoom programme online, at 14.00 (CET), 13.00 (GMT) and will take app. 2 hours.

\*The lecturer will have one session on the topic. The lecturer will create the session link and the Webinar Officer will send the session information to all participants via both e-mail and «Whatsapp» group.

EUROPEAN  
T A B L E  
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U N I V E R S I T Y  
E T T U

\*The session stages are listed below:

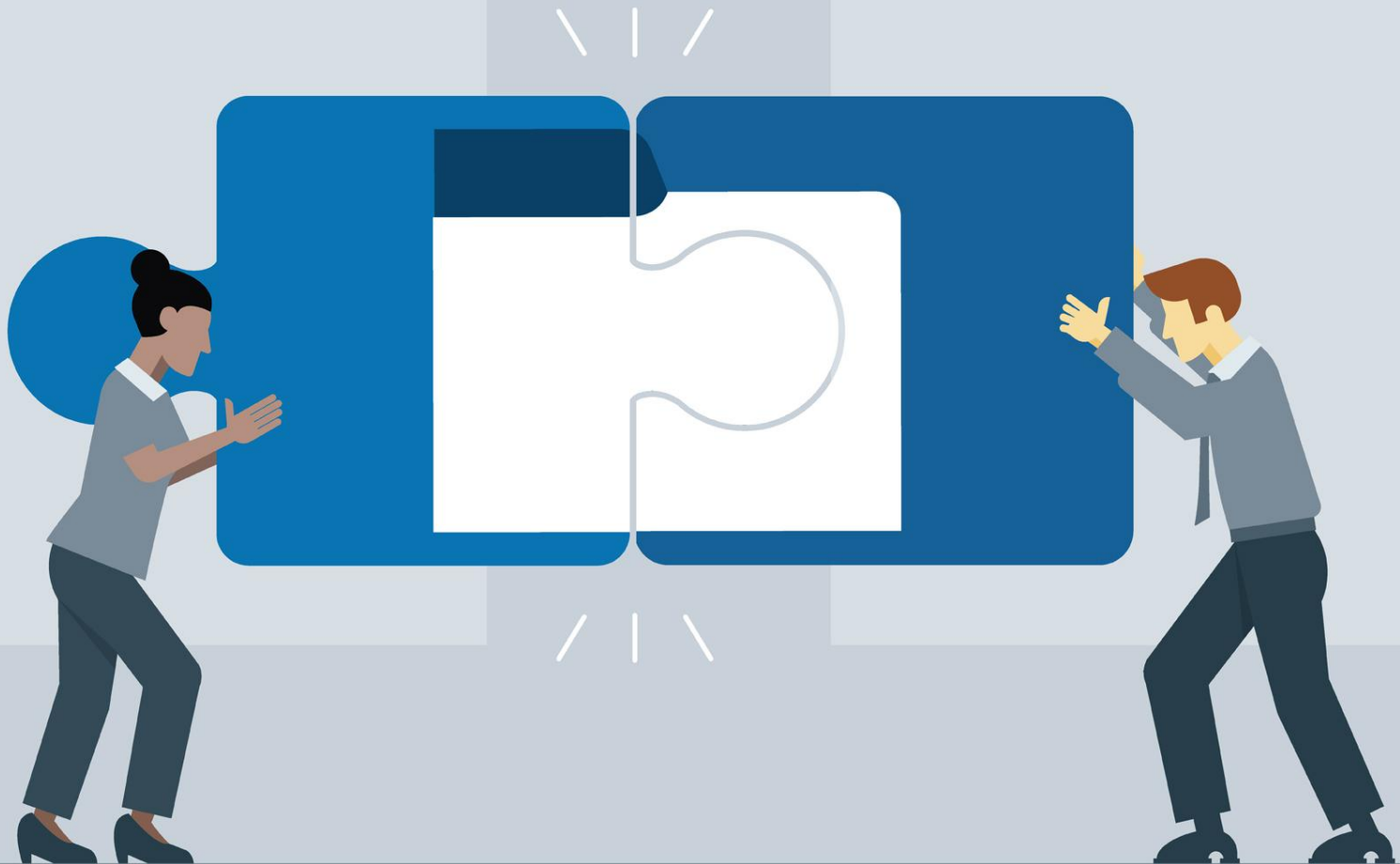
\*1. Welcoming participants

\*2. Introduction

\*3. Webinar presentation

\*4. Question – Answer

# \* PROJECT TEAM



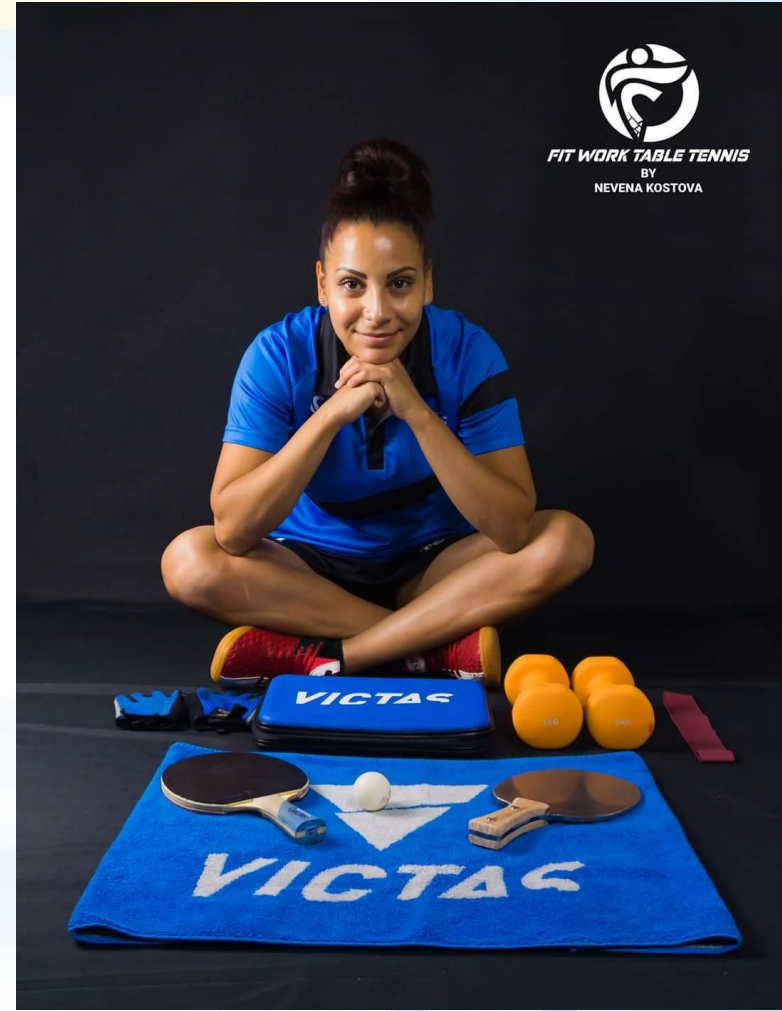


# Project Team

- \* Prof. Neven Cegnar – ETTU Development  
Manager
- \* Mr. Samet Polat – ETTU Development Webinar  
Officer
- \* Ms. Nevena Marinova Kostova – ETTU  
Development Webinar Expert

# \* Ms. Nevena Marinova Kostova

- \* A former National Team player of Bulgaria in different age categories
- \* A certified «Fitness & Body building» and «Personal Trainer»
- \* Has been the «Fitness Instructor» and «Personal Trainer» at different clubs in Italy.
- \* Founder of «Fit Work Table Tennis» in 2020.





# ONLINE PLATFORM



# zoom

- \*The project team and lecturer will use «Zoom» programme for the training sessions.
- \*Each participant has to register to «Zoom» before the webinar.

# \* DATE





- \* «ETTU Development Webinar 4» will be announced to NAs via e-mail and on ETTU.org on 26th March 2021.
- \* The entries will be sent with the «Entry Form» to Mr. Neven Cegnar (ETTU Development Manager) and Ms. Ana Ivosevic (ETTU Administration Officer) via e-mail to [ncegnar@gmail.com](mailto:ncegnar@gmail.com) & [ana.antic.ettu@gmail.com](mailto:ana.antic.ettu@gmail.com) until 9th April 2021 - 12 p.m. (CET)
- \* ETTU Coaching Webinar will take place on one day ; 12.04.2021
- \* Session will start at 14.00 (CET), 13.00 (GMT). A timetable will be prepared and send to NA's.